

# MMR(MEASLES, MUMPS, RUBELLA)

## RECOMMENDED FOR:

- People born in 1957 or later (especially those born outside the U.S.) should receive at least 1 dose of MMR if they have no laboratory evidence of immunity to each of the 3 diseases or documentation of a dose given on or after the first birthday.
- High-risk groups, such as healthcare personnel (paid, unpaid, or volunteer), students entering college and other post-high school educational institutions, and international travelers, should receive a total of 2 doses.
- People born before 1957 are usually considered immune, but evidence of immunity (serology or documented history of 2 doses of MMR) should be considered for healthcare personnel.
- Women of childbearing age who are currently not pregnant and who do not have acceptable evidence of rubella immunity or vaccination should receive 1 dose of MMR.

## SOURCES



<https://www.immunize.org/catg.d/p2011.pdf>



<https://cast.desu.edu/adult-vaccine-confidence-among-bipoc-umes-dsu>



<https://www.cdc.gov/vaccines/hcp/adults/downloads/fs-vaccines-need.pdf>



<https://www.dhss.delaware.gov/dhss/dph/dpc/immunize-adults.html>



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