

COOPERATIVE EXTENSION PROFILE



Contact Information

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Cooperative Extension

Wilmington Campus

Delaware State University

Mission Area: Family and Consumer Sciences

Education:

Delaware State University

BS, Food and Nutritional Sciences

Extension Interest Area(s):

Working with children

Teaching nutrition

Outreach

Brief Description of Extension Work:

Focuses on teaching elementary school children about the significance of physical activity, healthy eating, and food safety. Increases children's knowledge of these topics to decrease common health-related diseases prevalent in vulnerable populations. Increasing their knowledge of healthy living can change their lifestyle behaviors as they grow into adults.

Ideas for Future Collaborations:

Working/ teaching with EFNEP

Continuing to collaborate with 4-H during Annual Fishing Derby

Continuing to collaborate with Extension Programs during Annual Farm Tour

Keywords:

SNAP-Ed, Education, Nutrition, Physical Activity