

**Program: Food and Nutritional Sciences**  
**Concentration: Allied Health**

| Course #                            | Course Name                         | CR        | Grade | Course #                              | Course Name                                    | CR        | Grade |
|-------------------------------------|-------------------------------------|-----------|-------|---------------------------------------|--|-----------|-------|
| <b>Freshman Year Fall Semester</b>  |                                     |           |       | <b>Freshman Year Spring Semester</b>  |  |           |       |
| HMEC-191                            | University Seminar I                | 1         |       | HMEC-105                              | Prin. & Anal. of Food Prep                     | 3         |       |
| HMEC-215                            | Intro to Nutrition                  | 3         |       | BIOL-102                              | General Biology II                             | 4         |       |
| BIOL-101                            | General Biology I                   | 4         |       | XXXX-xxx                              | Art/Humanities Course**                        | 3         |       |
| ENGL-121                            | Rhetoric and English Composition I  | 2         |       | ENGL-124                              | Research, Rhetoric and English Composition III | 2         |       |
| ENGL-122                            | Rhetoric and English Composition II | 2         |       | PYCH-201                              | Intro to General Psych                         | 3         |       |
| MTSC-121                            | College Algebra                     | 3         |       |                                       |  |           |       |
|                                     | Total Credits                       | <b>15</b> |       |                                       | Total Credits                                  | <b>15</b> |       |
| <b>Sophomore Year Fall Semester</b> |                                     |           |       | <b>Sophomore Year Spring Semester</b> |  |           |       |
| HMEC-335                            | Nutr. Through Lifecycle             | 3         |       | HMEC-308                              | Advanced Nutrition                             | 3         |       |
| CHEM-101                            | General Chemistry I                 | 4         |       | CHEM-102                              | General Chemistry II                           | 4         |       |
| BIOL-207                            | Anatomy & Physiology I              | 4         |       | BIOL-208                              | Anatomy and Physiology II*                     | 4         |       |
| ENGL-123                            | Rhetoric and Speech                 | 3         |       | HMEC-310                              | Intro to Professional Practice                 | 2         |       |
| HMEC-310                            | Intro to Profess. Practice          | 2         |       | XXXX-2xx                              | Career Accel. & Leadership                     | 3         |       |
|                                     | Total Credits                       | <b>16</b> |       |                                       | Total Credits                                  | <b>16</b> |       |
| <b>Junior Year Fall Semester</b>    |                                     |           |       | <b>Junior Year Spring Semester</b>    |  |           |       |
| HMEC-325                            | Human Nutr. Assessment              | 3         |       | ENGL-xxx                              | Literature **                                  | 3         |       |
| CHEM-210                            | Organic Chemistry I                 | 4         |       | GLOB-395                              | Global Societies                               | 3         |       |
| BIOL-221                            | Microbiology                        | 4         |       | HIST-xxx                              | History (A-T-C)**                              | 3         |       |
| KINE-212                            | Medical Terminology                 | 3         |       | ECON-208                              | Introduction to Statistics or SCWK-310         | 3         |       |
| HMEC 428                            | Research Methods                    | 2         |       | XXXX-xxx                              | Art/Humanities Course**                        | 3         |       |
|                                     | Total Credits                       | <b>16</b> |       |                                       | Total Credits                                  | <b>15</b> |       |
| <b>Senior Year Fall Semester</b>    |                                     |           |       | <b>Senior Year Spring Semester</b>    |  |           |       |
| HMEC-432                            | Community Nutrition                 | 3         |       | HMEC-450                              | Senior Seminar                                 | 1         |       |
| HMEC-455                            | Nutritional Biochemistry            | 3         |       | HMEC-426                              | Medical Nutrition Therapy II                   | 3         |       |
| HMEC-425                            | Med Nutrition Therapy I             | 3         |       | HMEC-427                              | Nutrition Ed & Counseling                      | 3         |       |
| PSYC-316                            | Developmental Psych                 | 3         |       | PSYC-320                              | Psych of Adulthood & Aging                     | 3         |       |
| HMEC-401                            | Field Experience                    | 3         |       | XXXX-xxx                              | Elective                                       | 3         |       |
|                                     | Total Credits                       | <b>15</b> |       |                                       | Total Credits                                  | <b>13</b> |       |

\* Anatomy and Physiology I is not required for nutrition students.

\*\* You must take one course with an African American emphasis such African American Art, History, Literature, or Music

\*\*\* Please schedule a meeting with your faculty mentor Dr. Bettina Taylor at your earliest convenience:  
[bctaylor@desu.edu](mailto:bctaylor@desu.edu)

**Check with the Accelerated Nursing Schools to which you are applying for additional requirements.**